

# Less Time at Clinic. More Time for Life.

*Your next appointment*

**Ask your nurse or doctor about  
6-month dispensing called 6MMD.**

**Collect 6 months of ARVs at  
your clinical check-up.**



**Only 2 clinic visits per year**



**No repeat collections required**



**Saves transport**



**Saves time**

*Scan the code  
to learn more*



**health**

Department:  
Health  
REPUBLIC OF SOUTH AFRICA

