



Overview of the Updated APC 2026

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History of APC



Scaled using cascade model
to >30K nurses in 18 months

2010



Competencies defined with mentorship programme
Ideal Clinic Indicator

2015/2016



Launch and marking of 10 years

2023



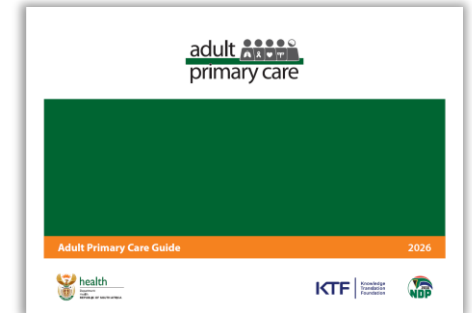
Launch in 11 NHI Districts

2013



COVID content
First online training

2020



2026

Why APC?

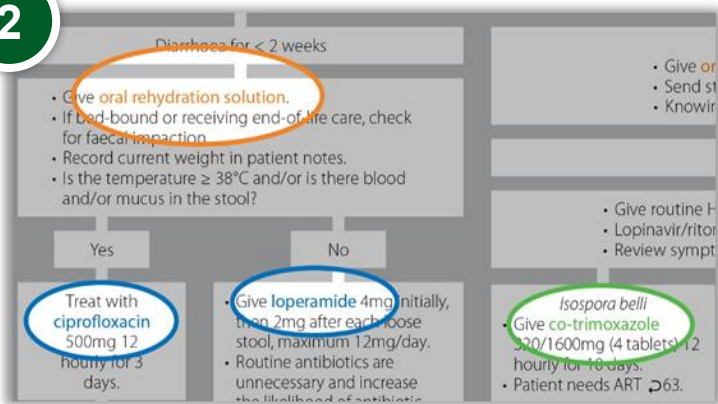
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Simplifies and clarifies clinical guidelines

Standardises practice, strengthens health worker confidence, saves time and effort.

2



Clarifies scope of practice

Enables task-shifting, competency-based practice, quality care.

3



Rationalises use of resources

Medicines, lab tests, equipment, human resources

4



Streamlines referral pathways

Who to refer, When to refer, Where to refer



health

Department:
Health
REPUBLIC OF SOUTH AFRICA

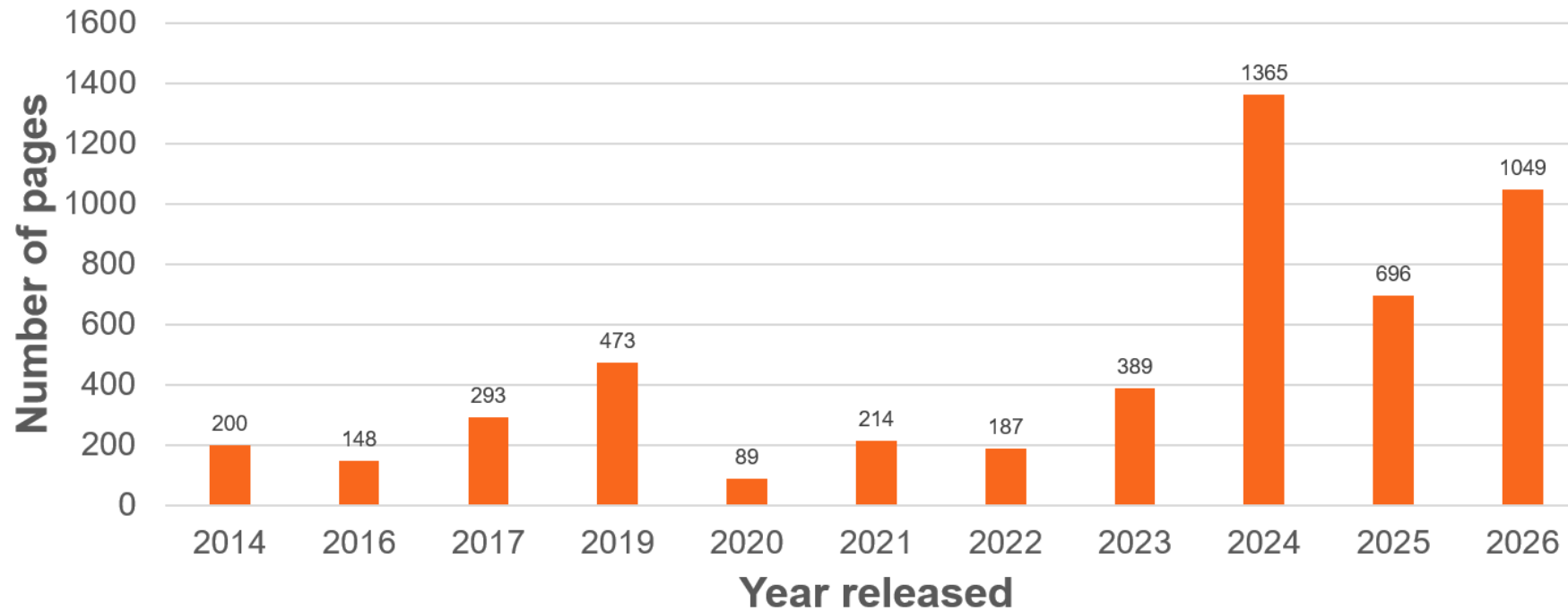


APC combines NDoH guidelines and policies into one



Summarising and harmonising guidelines

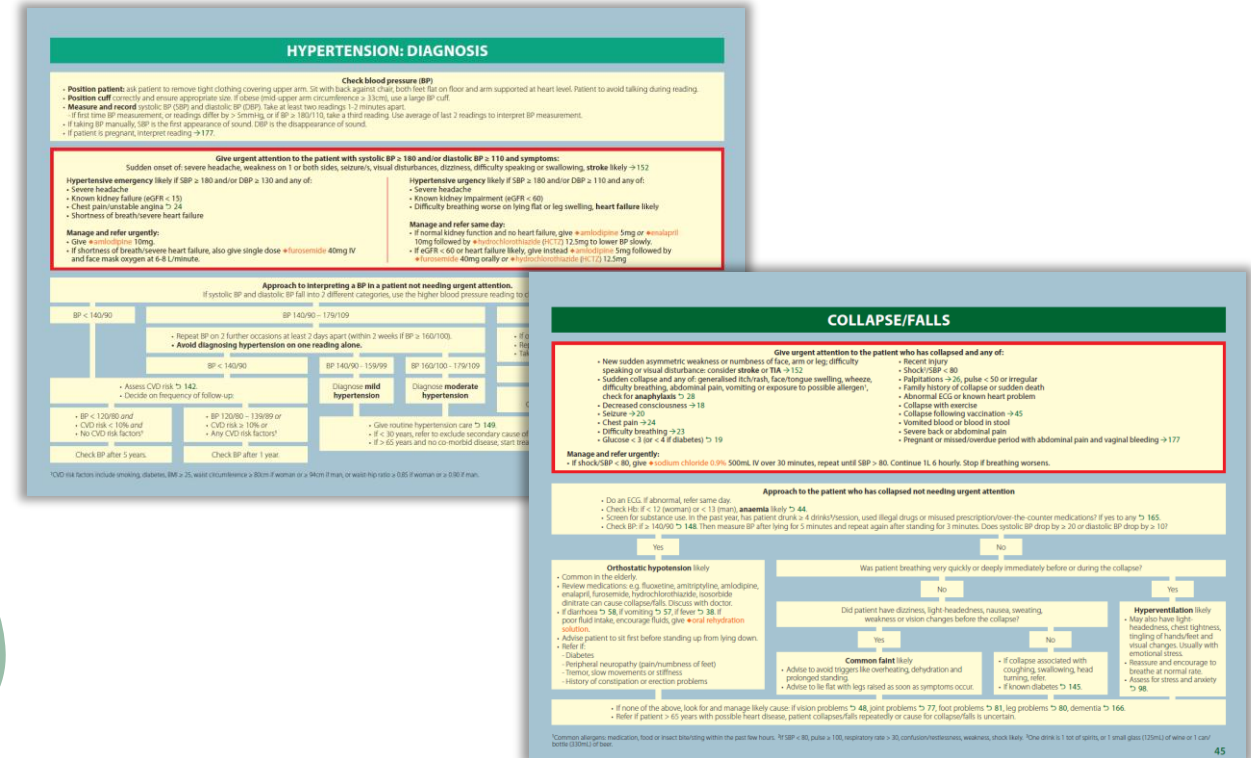
National Department of Health guidelines and STG/EML updates



Presents information in the way people present to clinics...

"It gave me clear structure for how to approach problems in my daily practice. Instead of guessing, I now have tools to assess, plan, and apply solutions more confidently."

Follow-up for a chronic condition



Symptoms

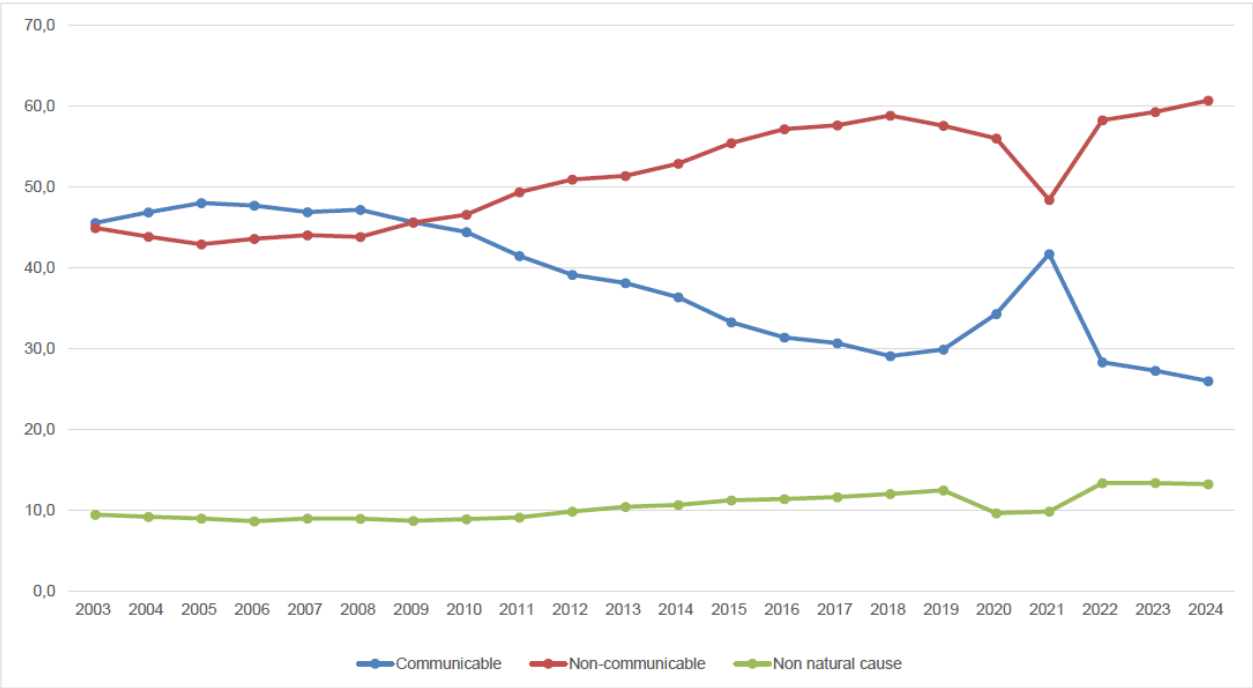


health

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Causes of death in 2024 (474 366 deaths)

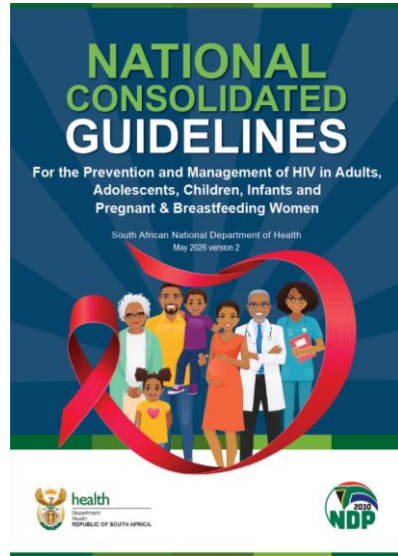


*Data for 2003–2023 have been updated with late registrations/delayed death notification forms processed in 2025/2026

Causes of death	2024
	Percentage %
Diabetes	6,1
Hypertension	5,5
Cerebrovascular diseases	5,4
TB	3,9
HIV	3,8
Influenza and pneumonia	3,2
Other heart disease	3,0
Ischaemic heart disease	2,8
Chronic lower respiratory disease	2,5
Other viral diseases	2,5
Other Natural	48,1
Non-natural	13,3
All causes	100,0

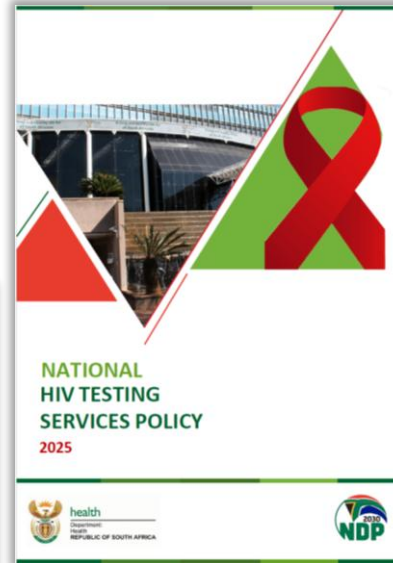
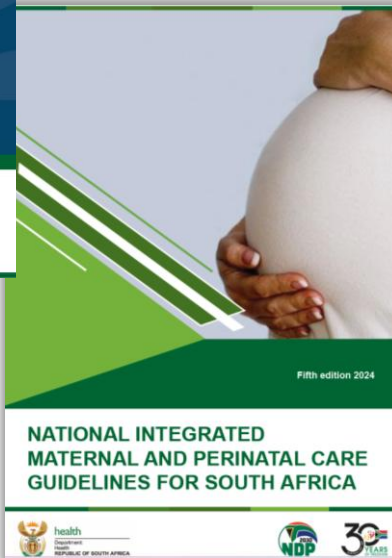
Mortality and causes of death in South Africa: Findings from death notification 2024 | 22 September 2026

National programme guideline updates

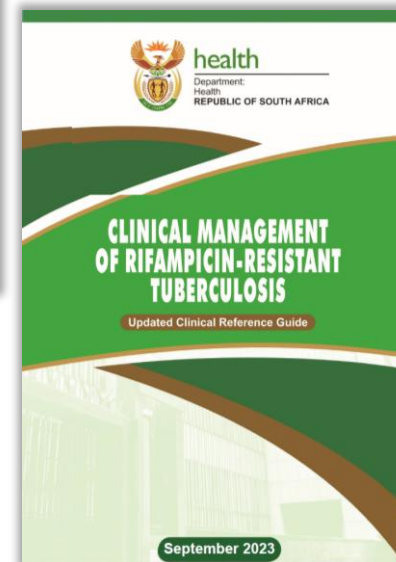


232 pages

186 pages



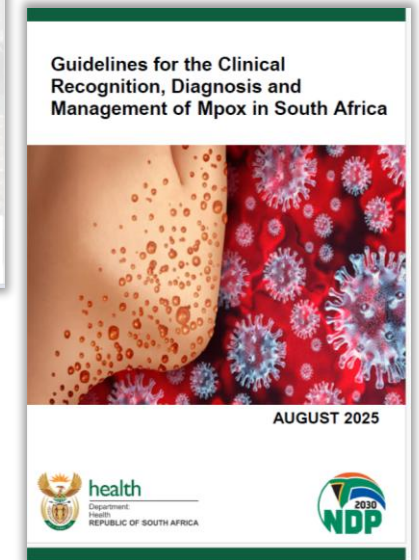
57 pages



53 pages



115 pages

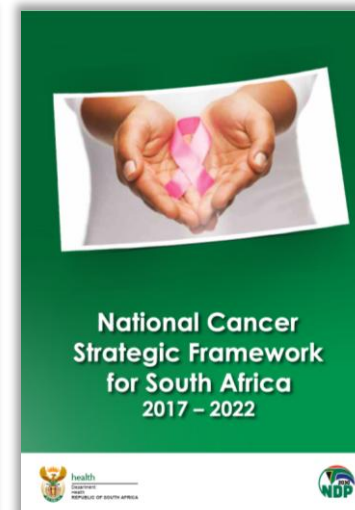
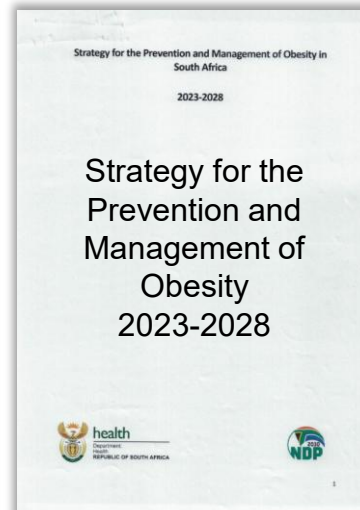
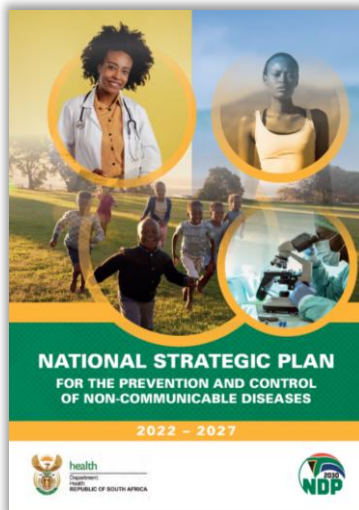


55 pages

Total: 698 pages

NDOH Priorities and Guiding Documents

- Increasing prevalence of long-term conditions in South Africa
- Overweight/Obesity: related conditions= NCDs, cancer, musculoskeletal, sleep apnoea
- Non-communicable diseases: Hypertension, Diabetes, Cardiovascular disease, Chronic Kidney Disease
- Respiratory diseases: Asthma
- Cancers: “Big Five”= breast, cervical, prostate, colorectal, lung
- Mental Health: anxiety, depression, suicidality, substance-related psychosis, schizophrenia



STG/EML Chapter Updates

Chapter	Release date	Pages
Chapter 1: Dental conditions	2023	18
Chapter 2: Gastro-intestinal conditions	24 Jun 2024	42
Chapter 3: Nutrition & Anaemia	2023	21
Chapter 4: Cardiovascular Conditions with appendices	1 Nov 2024 14 Aug 2026	105 42
Chapter 5: Skin symptoms	7 Nov 2024 8 June 2026	62 41
Chapter 6: Obstetrics & Gynaecology	26 July 2024 2 Dec 2025 26 March 2026	115 69 52
Chapter 7: Family planning	2023 April 2025 30 July 2026	26 88 25
Chapter 8: Kidney and urological disorders	17 Oct 2024 18 Aug 2026	25 23
Chapter 9: Endocrine Conditions	21 July 2025	26
Chapter 10: Infections	2025	28
Chapter 11: HIV	16 Sep 2024 21 July 2025 4 June 2026	289 106 197

Standard Treatment Guidelines and Essential Medicines List for South Africa

Primary Healthcare Level
2024 Edition
Last updated: September 2026

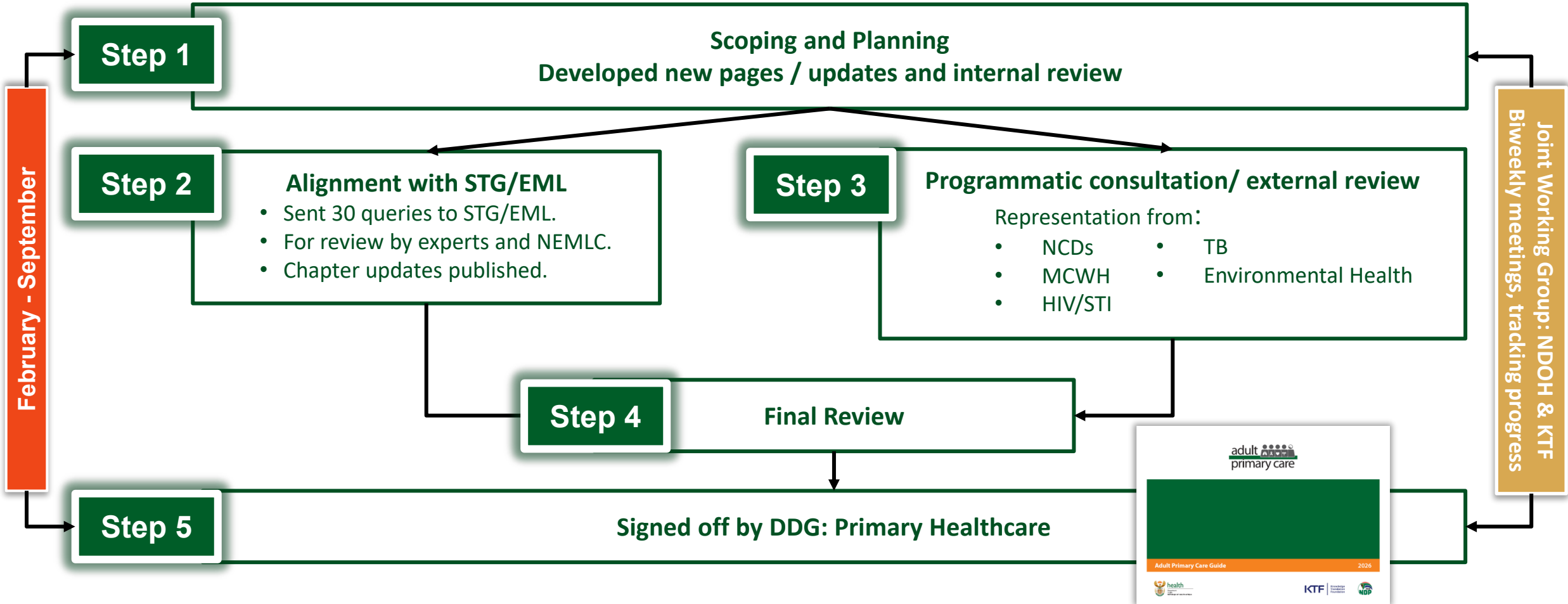


Chapter	Release date	Pages
Chapter 12: Sexually transmitted infections	21 July 2025	32
Chapter 13: Immunisation	15 Oct 2024 6 Dec 2024	24 33
Chapter 15: Central nervous system conditions	30 Aug 2026	57
Chapter 16: Mental Health Conditions	2023	50
Chapter 17: Respiratory Conditions and appendices	16 Sep 2024	239
Chapter 18: Eye Conditions	May 2024 30 Sep 2024	20 20
Chapter 19: Ear, nose and throat conditions	2 Dec 2025 18 Aug 2026	17
Chapter 20: Pain	7 Nov 2024 2 Dec 2025 26 Feb 2026	34 35
Chapter 21: Emergencies and Injuries with supporting NEMLC Report	18 Aug 2026	77

Pending: Chapter 17: Respiratory Conditions October 2026

Total: 1 205 pages

APC Update Process



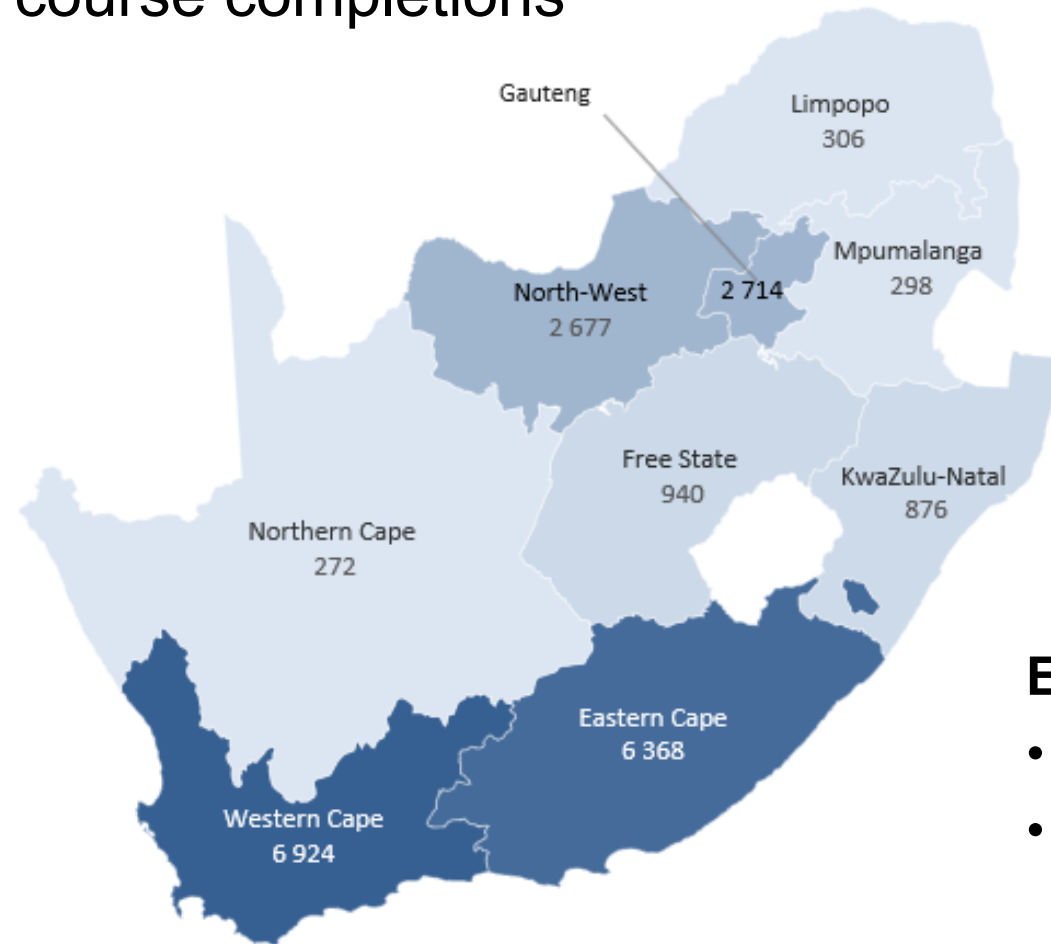
Stay up-to-date with the APC app

- Offline access
- Easy navigation
- Automatic updates
- Hover over meds for prescriber level
- No user registration
- No use of AI



APC is more than just a book...

- **23 228** APC/PACK course completions
- All 9 provinces



Excluding:

- ANY face-to-face training
- Enrolled but not completed

APC/PACK globally: 400 000 health workers | 21 000 Clinics

