### **Extemporaneous Compounding of Oral Liquid Morphine Preparations**



National Department of Health



Affordable Medicines Directorate Essential Drugs Program



Adult Hospital Level Standard Treatment Guidelines and Essential Medicines List





# New formulation: morphine oral solution



	1mg/ml	5mg/ml	10mg/ml
Morphine Hydrochloride/ Sulphate powder	0.1g	0.5g	1g
Nipastat 0.15 solution, make up to	100ml	100ml	100ml

Nipastat® 0.15% procured as pre-made solution. Contains methylhydroxybenzoate (2.5g), propylhydroxybenzoate (1.25g), alcohol 99% (125mL), purified water to 2.5L. NSN = 222001625

See: <a href="https://www.health.gov.za/wp-content/uploads/2024/10/AHL-STG-Erratum Appendix-IV Extemporaneous-Preparations-Morphine-Reformulation 03-October-2024.pdf">https://www.health.gov.za/wp-content/uploads/2024/10/AHL-STG-Erratum Appendix-IV Extemporaneous-Preparations-Morphine-Reformulation 03-October-2024.pdf</a>

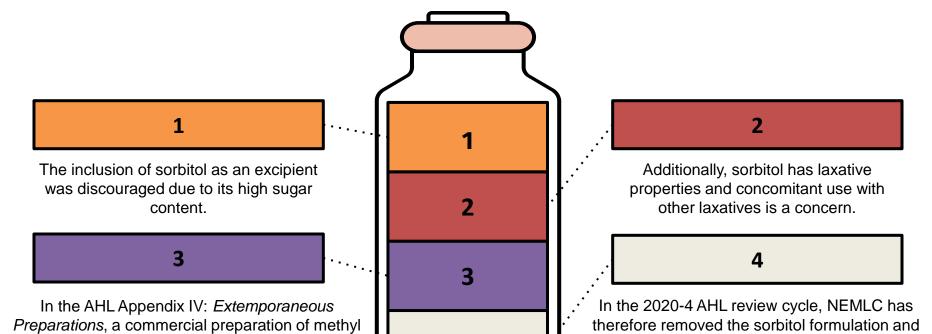




#### Formulation considerations



NEMLC recommended the following updates for compounding morphine oral solution in adults and children above the age of 6 years old:





parahydroxybenzoate, propyl hydroxybenzoate,

alcohol and purified water (the components of

Nipastat®, 0.15%) were recommended as an

alternative to sorbitol, if available.



only recommended 0.15% Nipastat® solution

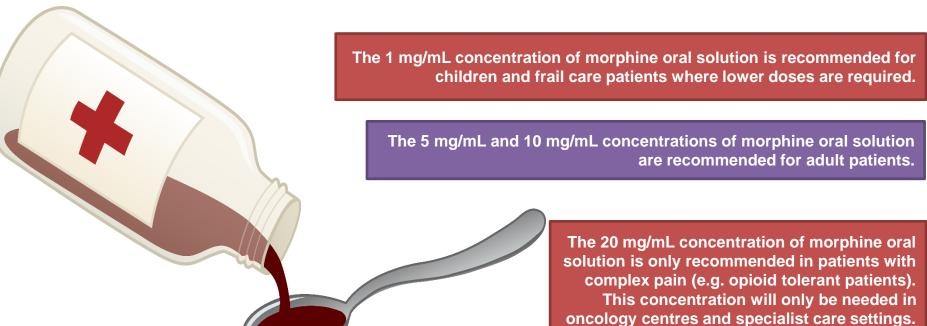
(procured commercially as a premade solution)

as diluent for the extemporaneous preparation

of morphine oral solution.

#### **Standard concentrations**





For clarity, concentrations represented as a percentage (%) have been removed and concentrations expressed as mg/mL have been retained.





### Shelf life of compounded preparations





NEMLC noted that extemporaneous compounding is performed in accordance with section 14(4) of the Medicines and Related Substance Act (Act 101 of 1965) and the accompanying Regulations General Regulation 3, as amended in December 2022, only allows the preparation of an extemporaneous solution to be used for no more than 30 consecutive days from the date of sale.

In the public sector, the date of sale would be the date of issue by the pharmacy. To avoid wastage, especially at smaller facilities, NEMLC has recommended the inclusion of formulae for smaller final volumes of 100mL and 500mL of morphine oral solution.





## Additional considerations for neonates, infants and young children





While the use of Nipastat® could be considered in children under the age of 6 years old, the high percentage of alcohol in this formulation is of concern in this group of patients. There is a lack of robust data on extemporaneous formulations for neonates, infants and younger children with available excipients and formulations.



It is recommended that a diluted morphine intravenous formulation be used orally (in consultation with specialists in units and your pharmacy department); e.g. Add 1ml of 10mg/ml IV solution to 9ml normal saline (preservative free), to make 1mg/ml concentration (to be stored in fridge for no longer than 7 days).

Alternative morphine extemporaneous formulations excluding the use of alcohol, for example use of the following excipients: Benzoic acid, propylene glycol, sorbitol and purified water can be considered.





#### Note





Appendix IV: Extemporaneous preparations is currently under review, therefore the updated morphine, oral solution formulation guide will be published as part of the final Adult Hospital Level STG and EML 2024 edition, in due course. Refer to Annexure A for the complete guidance on the preparation of morphine oral solution.

https://www.health.gov.za/wpcontent/uploads/2024/10/AHL-STG-Erratum\_Appendix-IV\_Extemporaneous-Preparations-Morphine-Reformulation\_03-October-2024.pdf



