

Adult Primary Care (APC) 2023 Online Training Orientation



27 March 2024



10AM – 12PM | 2 Hours

Thank you for your interest
in this webinar.

- The chat has been disabled for the attendees.
- **Please use the Q&A box to post questions for our panel of experts.**
- The session is recorded and will be shared with all the presentations on the Knowledge Hub – www.knowledgehub.health.gov.za/lms.

Programme Overview

Time	Duration	Topic	Presented by
10h00	15min	Introductions, purpose/mandate of the training	NDoH/ Ms. Thabile Msila
10h15	10 min	<ul style="list-style-type: none">Webinar Programme OverviewAPC background	Ms. Christy-Joy Ras
10h25	10 min	<ul style="list-style-type: none">APC Full CourseAPC 2020 Update Course	Dr Candice Daniels
10h35	15 min	Training implementation, M&E, and reporting	Dr Candice Daniels
10h50	15min	<ul style="list-style-type: none">Navigating the course (Demonstration)Communications and start dates	Ms. Monge Tlaka
11h05	20min	Case example (Demonstration)	Ms. Christy-Joy Ras
11h25	15 min	Q&A	Panel
11h40 - 12h00	10min	Acknowledgments and closure	NDoH/ Ms. Thabile Msila

APC Training Implementation for Health System Strengthening

- I. Regional Training Centers in each province must be responsible for APC implementation – including training: coordinating, reporting, monitoring, and evaluating such implementation. In this regard, RTCs must maintain sustainable partnerships with district trainers.
- II. All Operational managers (OM) and Facility managers must be trained on APC by 30 July 2024. All PHC nurses must be trained by March 2025. The training can be completed online or at the facility on-site by a facility trainer or district trainer.
- III. The OMs must be responsible to monitor progress on completion of APC as well as auditing the health facilities to identify all nurses requiring training.
- IV. The OM must ensure that dedicated time for APC in-service training at facility is implemented and provision made of at least 1-2 hours weekly to cover each module.
- V. The OM must keep a record of certified nurses on completion of training and report this information to the RTC.
- VI. The facility manager and the OM must provide mentoring for each nurse at the facility and can begin as soon as training on any one of the APC modules has been provided.
- VII. The mentoring assessment logbook must be completed to keep track of the number of mentoring cases assessed and PASSED.
- VIII. Once the nurse has passed three cases under each topical area, the Mentoring Assessment Log should be provided to the Regional Training Centre so that a competency certification is issued,
- IX. it is important to note that by issuing certification the RTC accepts some responsibility for ensuring that the nurse has received the appropriate training and /or skills as well as mentorship support to do what she is certified to do.
- X. ongoing clinical mentoring and support of staff must be in place at the facility beyond onsite training/online training event.



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Christy-Joy Ras

(Bcur)

is the Learning and Development Lead at the Knowledge Translation Unit (KTU).

She oversees the APC training programme, development of the online training courses as well as training materials to support implementation and programme management.

She is passionate about the APC training programme and values its ability to empower health workers to have confidence to serve people with up to date, evidence-based guidance.



Adult Primary Care (APC) 2023 Online Training Orientation



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Dr Candice Daniels

(MBCChB, DipHIVMan)

is the Learning Innovation Lead at the Knowledge Translation Unit (KTU).

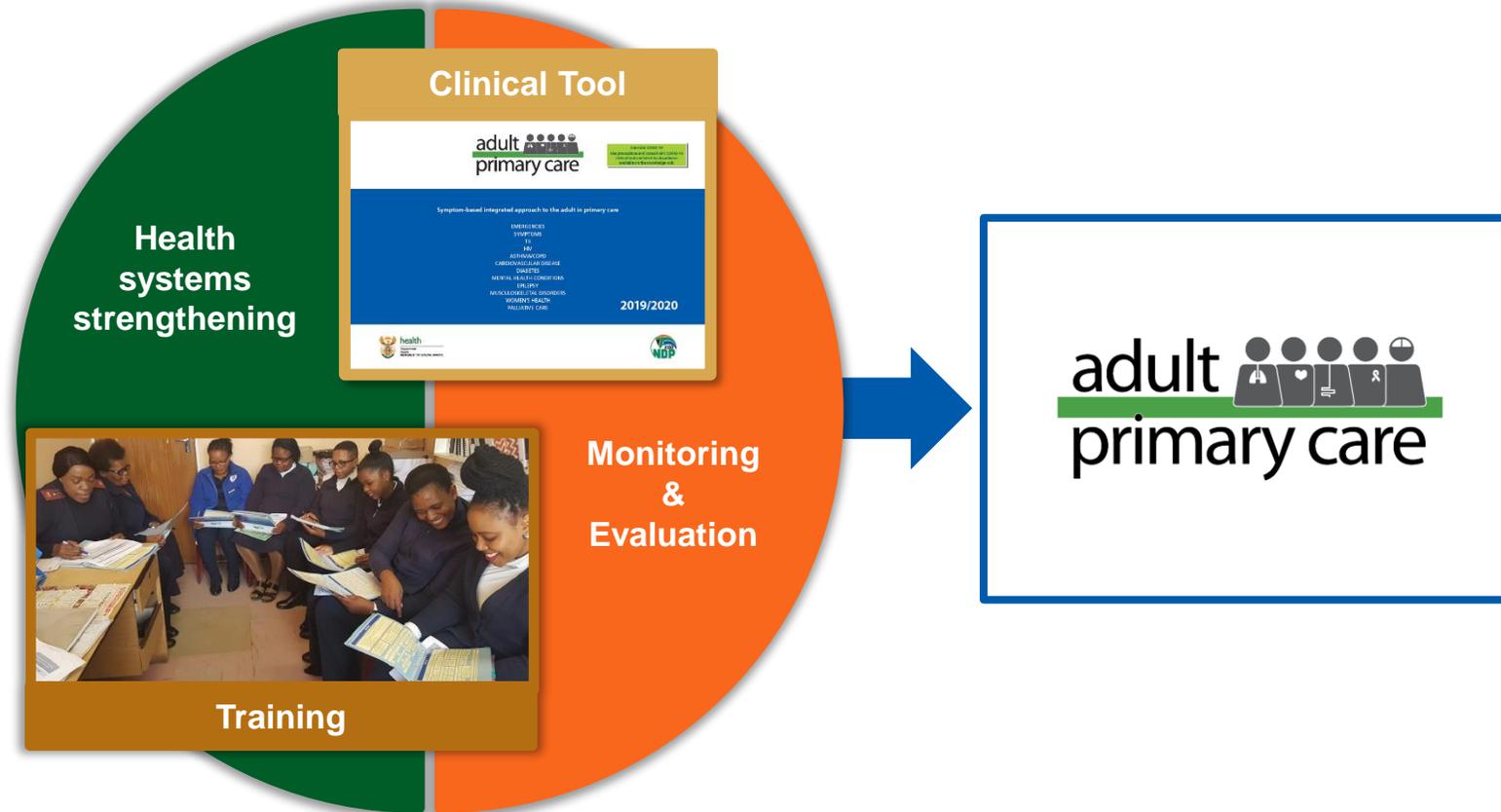
She is currently involved with expanding the KTU online learning platform to support the growing need for remote learning. Her role includes developing, supporting and evaluating training programmes, including APC, for both healthcare workers and students. She is passionate about empowering health workers to provide quality care effectively in their communities.



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What is Adult Primary Care (APC)?

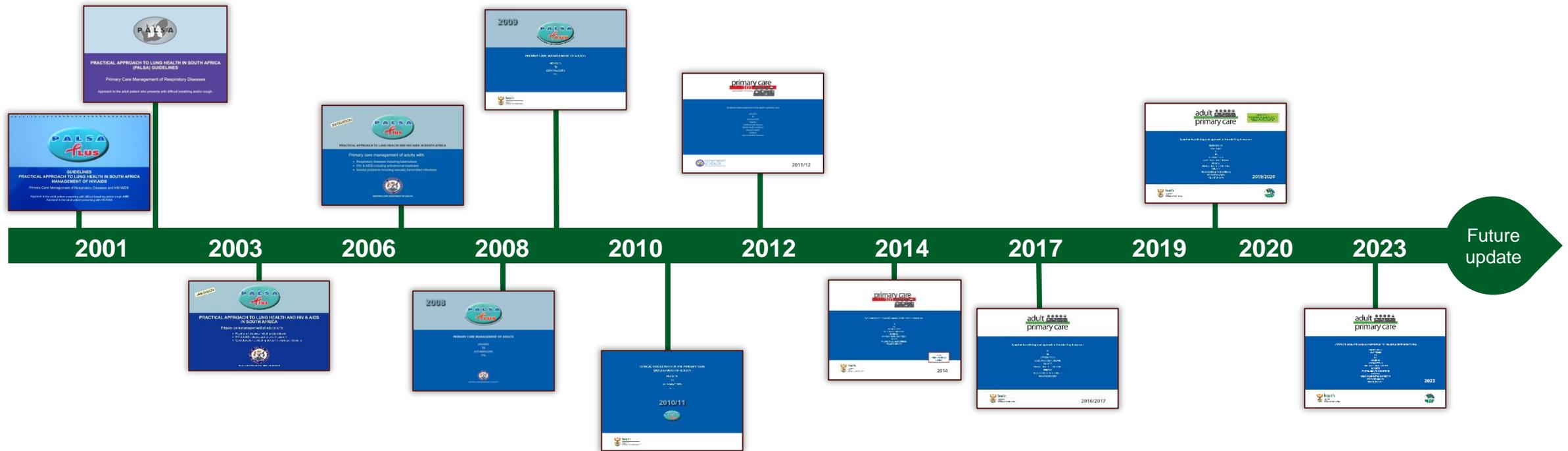


APC clinical decision support tool

Aims to guide the clinician to assess a patient's symptoms, make a diagnosis and devise a management plan, and deliver routine care for one or more chronic conditions



APC updates



Purpose of updating the APC clinical tool

APC update = align and reflect latest NDoH policies, clinical protocols and guidelines.



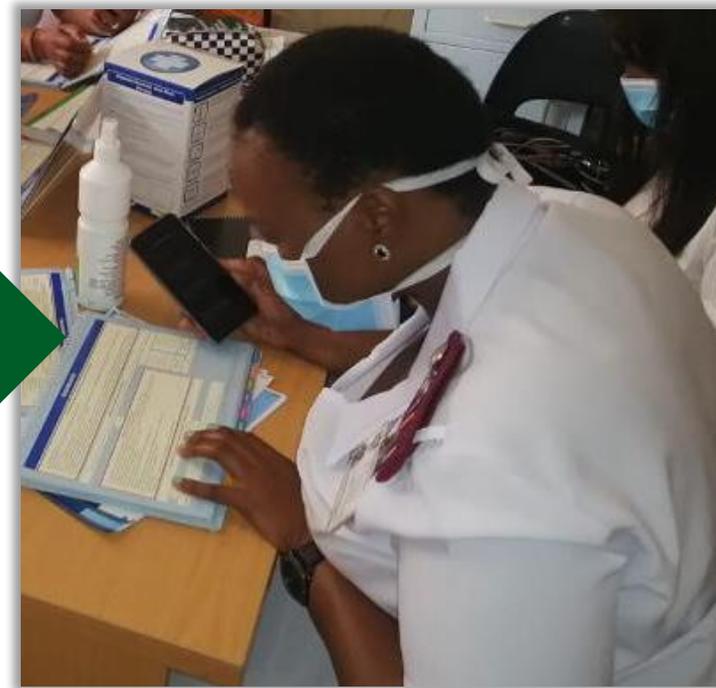
Latest APC combines over 25 guidelines with over 2000 clinical practice guideline pages into less than 180 pages.

APC training

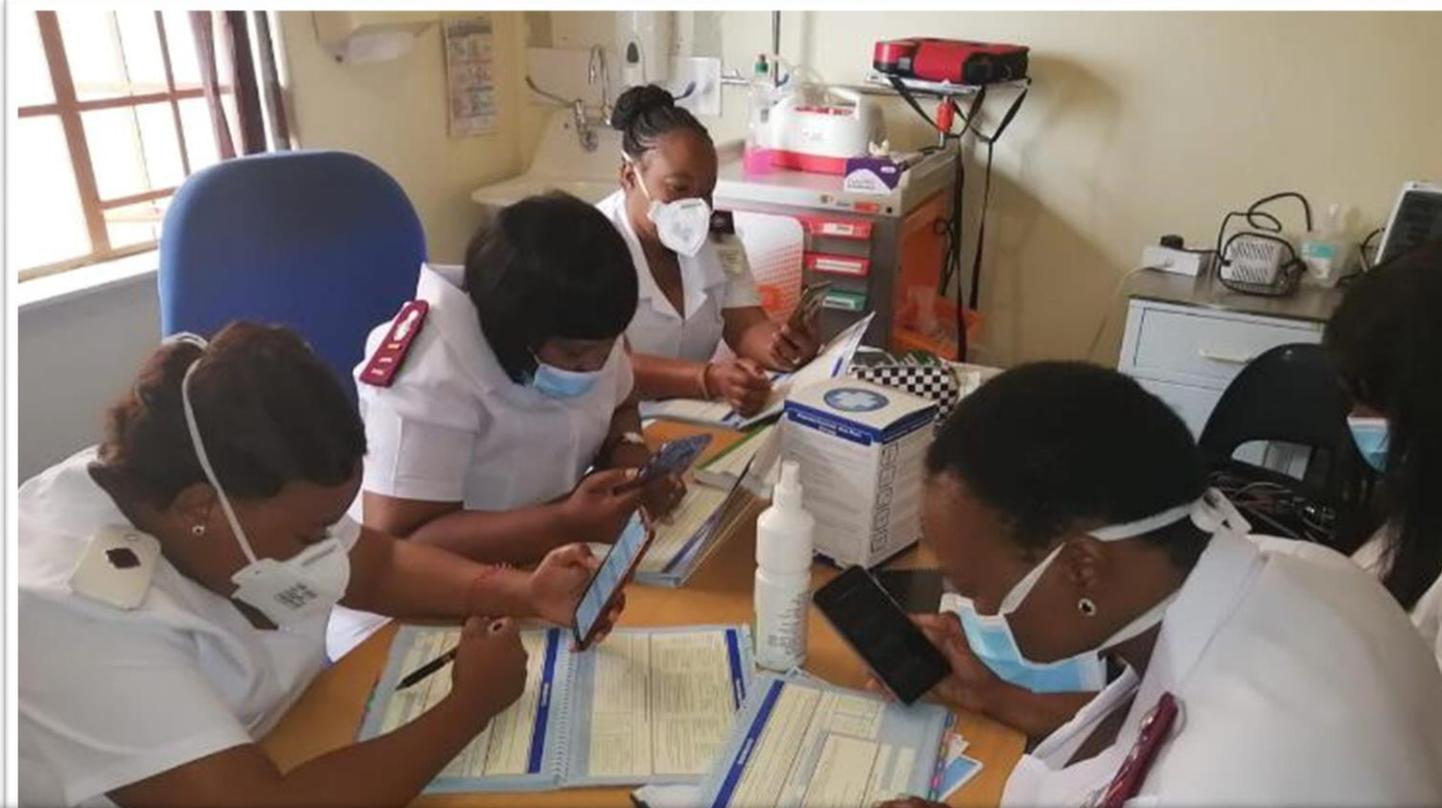
Face-to-face training



Online training



APC Training



IV. The OM must ensure that dedicated time for APC in-service training at facility is implemented and provision made of at least 1-2 hours weekly to cover each module.



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APC 2023 Courses



APC Full Course

- Orientates healthcare workers to the APC clinical decision support tool.
- For those who have NOT been trained in APC



APC Update Course

- Focuses on key clinical content changes in APC
- For healthcare workers previously trained in APC

Which course should you do?



Which APC course should you do?

The clinical content of APC has expanded considerably in recent years, and it is important to have an up-to-date certificate.

What is your most recent APC certificate?



2020
Full Course
(online or
face-to-face)

2016/17
Full Course
+ **AND** +
2020 Update

2016/17 Full
Course **ONLY**
OR
earlier versions

No APC
certificate

Enrol for

adult primary care
2023 Update Course

Enrol for

adult primary care
2023 Full Course



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Which course should you do?



Full Course

- For those who have **not** been trained in APC
- Primary Health Care workers, including those completing community service and students in pre-service training.



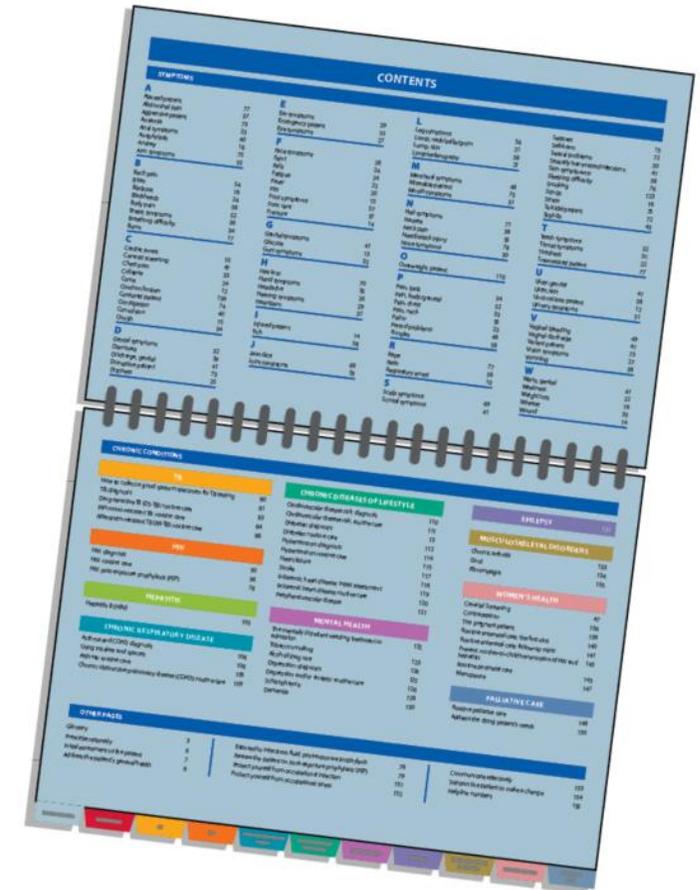
adult 
primary care

2023 Full Course



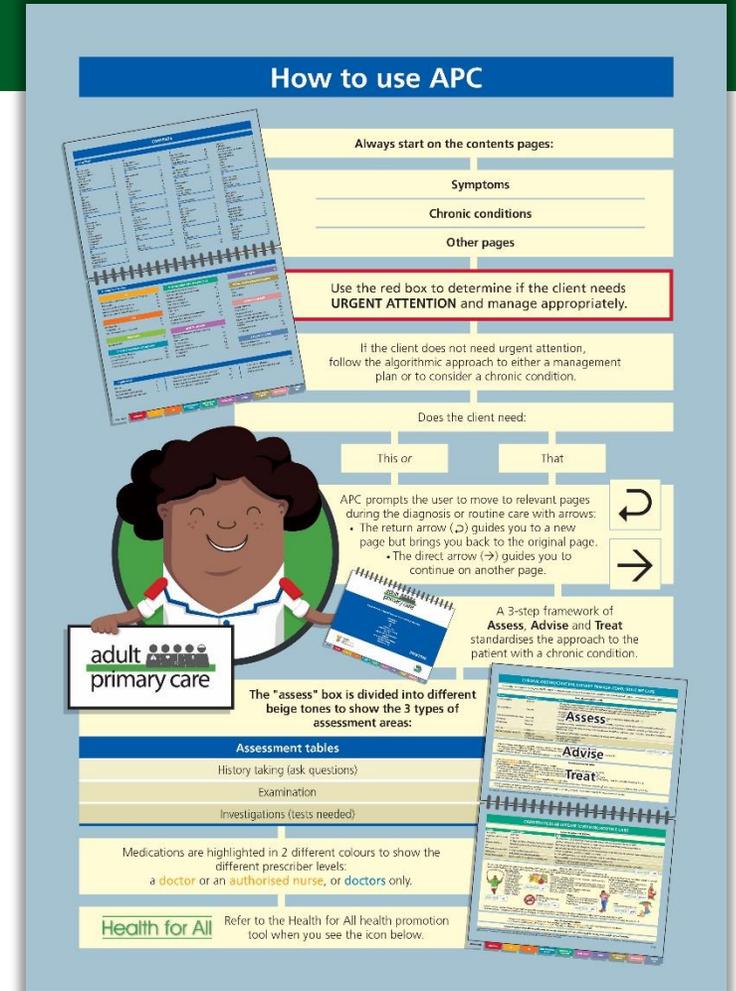
Course objectives- Full Course

- To orient you to the features of APC
- To encourage you to practice navigating APC using case scenarios
- To build your confidence using APC
- To support health systems strengthening



Course content

APC Full Course = 27 cases + 3 activities



CONTENTS	
A-Z	1-26
Symptoms	27-100
Chronic conditions	101-150
Other pages	151-160

Always start on the contents pages:

Symptoms

Chronic conditions

Other pages

Use the red box to determine if the client needs **URGENT ATTENTION** and manage appropriately.

If the client does not need urgent attention, follow the algorithmic approach to either a management plan or to consider a chronic condition.

Does the client need:

This or

That

APC prompts the user to move to relevant pages during the diagnosis or routine care with arrows:

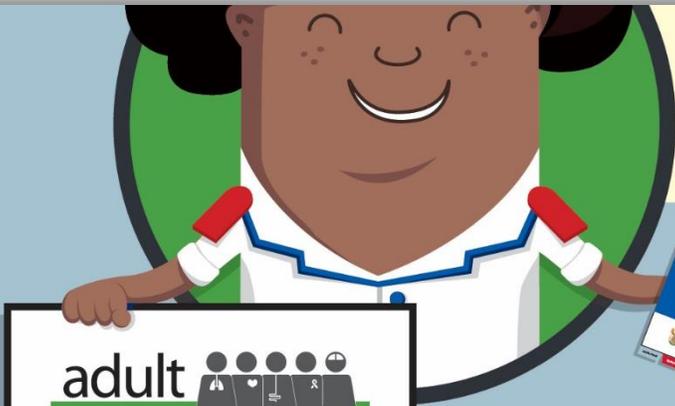
- The return arrow (↶) guides you to a new page but brings you back to the original page.
- The direct arrow (→) guides you to continue on another page.





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- during the diagnosis or routine care with arrows:
- The return arrow (↶) guides you to a new page but brings you back to the original page.
 - The direct arrow (→) guides you to continue on another page.



A 3-step framework of **Assess, Advise and Treat** standardises the approach to the patient with a chronic condition.

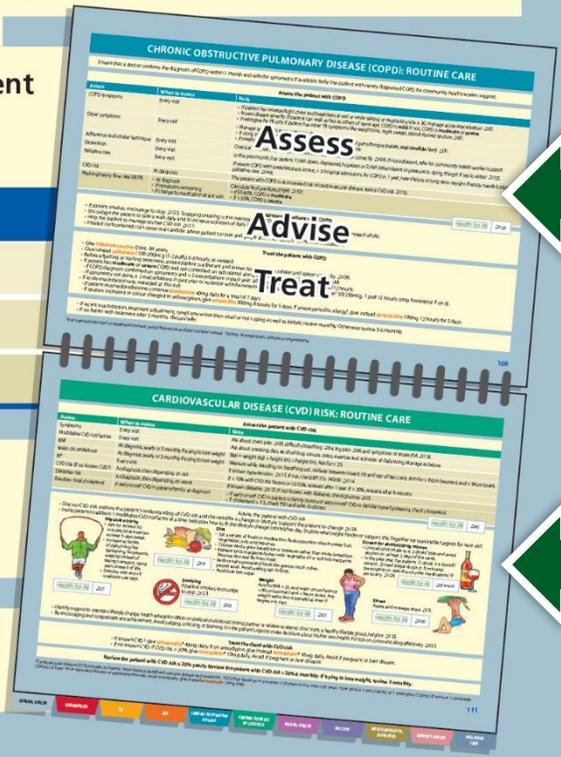
The "assess" box is divided into different beige tones to show the 3 types of assessment areas:

- Assessment tables
- History taking (ask questions)
- Examination
- Investigations (tests needed)

Medications are highlighted in 2 different colours to show the different prescriber levels: a **doctor** or an **authorised nurse**, or **doctors** only.

Health for All

Refer to the Health for All health promotion tool when you see the icon below.



Course content and structure



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Course content and structure



Epilepsy



Sore throat



Headache



Weight loss



STI



STI



HIV



HIV



HIV



DS-TB



DS-TB



HIV & TB



RR-TB



Antenatal & postnatal care



Psychosis



Depression



Unhealthy alcohol use



Postnatal depression



CVD risk & hypertension



Gout



Stroke



Ischaemic heart disease



Diabetes



COPD



Asthma

**27 cases and
3 activities**

- Health systems strengthening activity
- TB diagnosis activity
- Update activity (on new pages and changes)

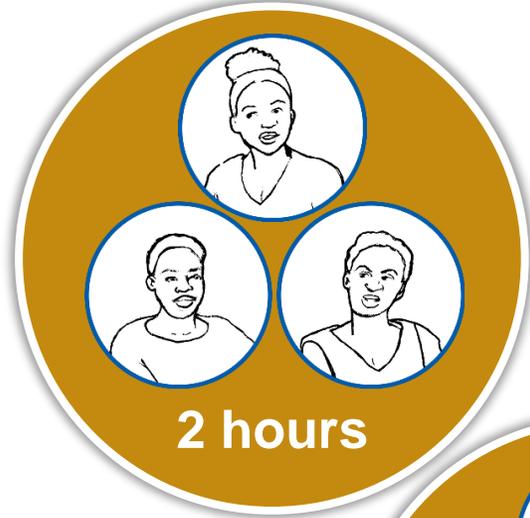


Case scenario quizzes

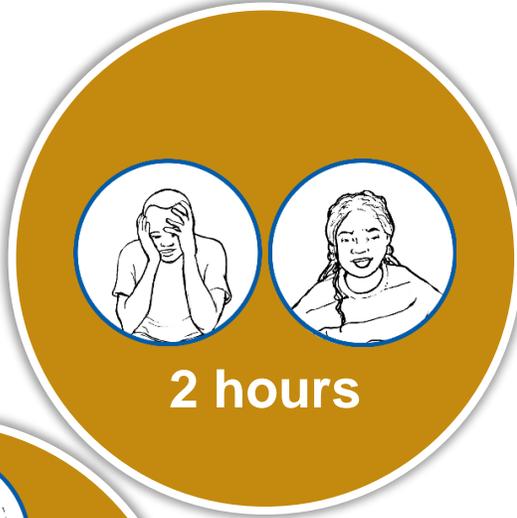
Adelaide is a 49-year-old woman who comes to the clinic complaining of pain in her abdomen for 3 days.

Which page do you turn to in APC to manage her?

Course duration



2 hours



2 hours



2 hours

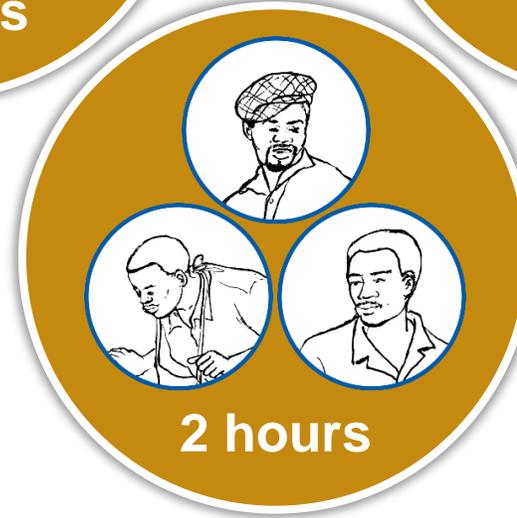


2 hours



2 hours

**This course is comprehensive.
Pace yourself!**



2 hours



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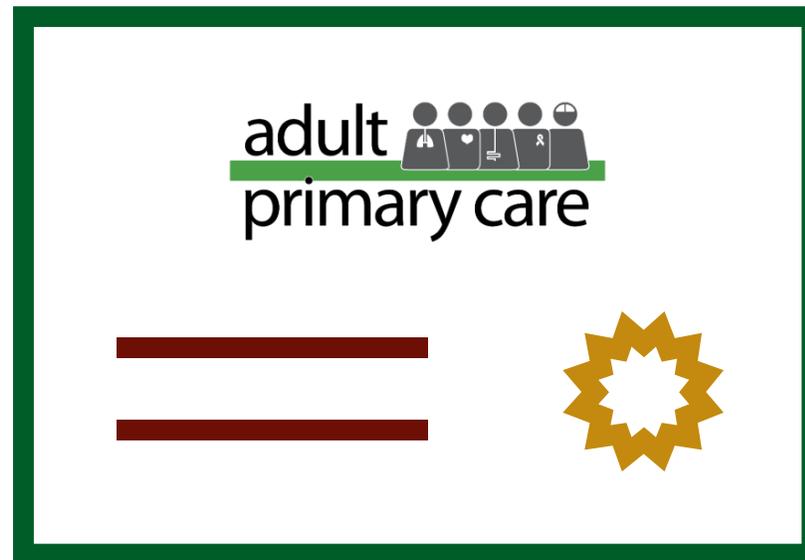




IZAK WILSON

Certification

After completion of all case quizzes, activities and the course evaluation your certificate will be available for download immediately.





adult primary care

2023 Update



Which course should you do?



Which APC course should you do?

The clinical content of APC has expanded considerably in recent years, and it is important to have an up-to-date certificate.

What is your most recent APC certificate?



2020
Full Course
(online or
face-to-face)

2016/17
Full Course
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2016/17 Full
Course **ONLY**
OR
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No APC
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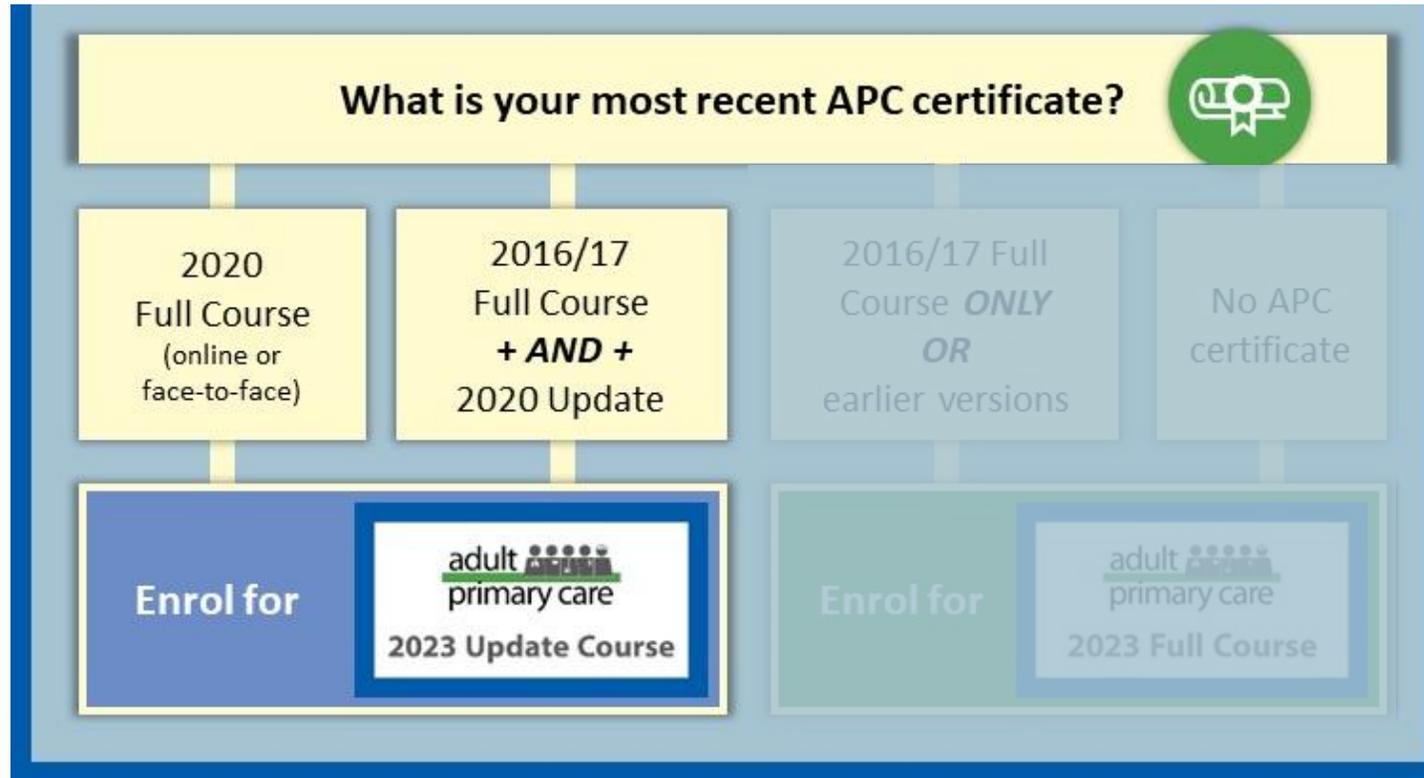


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Which course should you do?



Update Course

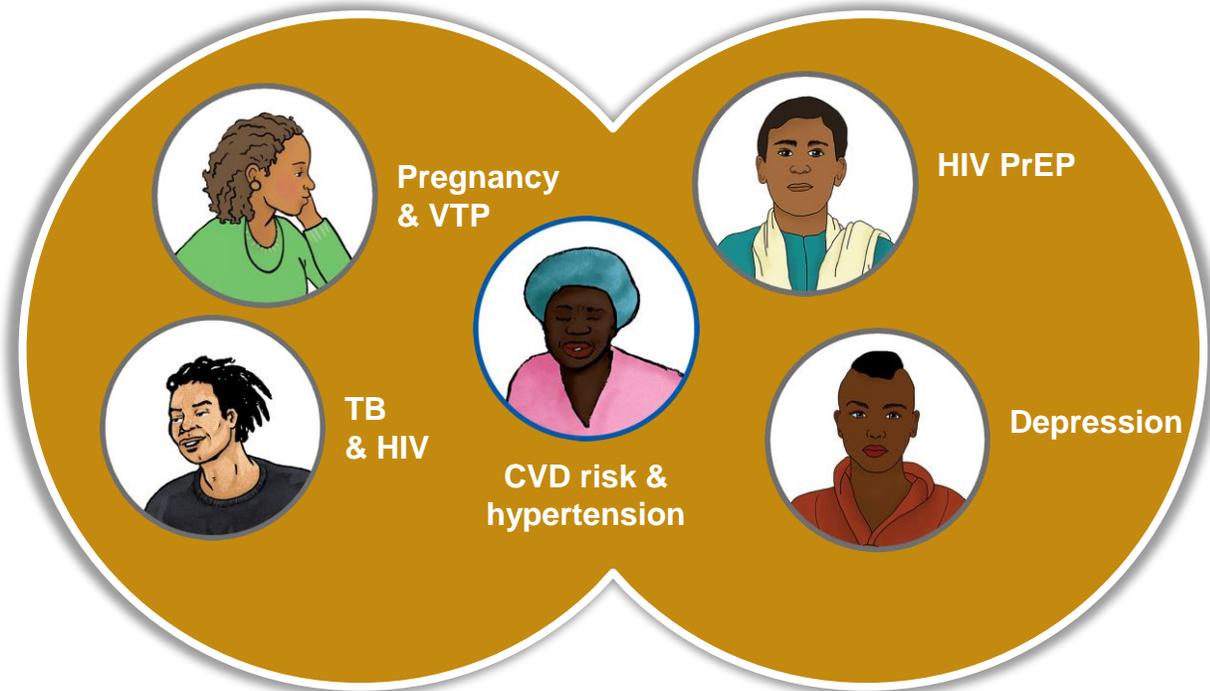
- For healthcare workers previously trained in APC

Course objectives- Update Course

- To orient the user to APC 2023
- To update the user on the changes in APC
- To explore ways to use APC in the clinical context



Course content



5 clinical case scenarios



3 activities

Updates highlighted

- HIV section
- TB section
- Contraception section
- HIV pre-exposure prophylaxis (PrEP) pages
- Other new pages

The collage displays several key training documents:

- HOW TO COLLECT A GOOD SPUTUM SPECIMEN FOR TB TESTING:** A flowchart detailing the steps for sputum collection, from patient preparation to specimen handling.
- TUBERCULOSIS (TB): DIAGNOSIS:** A table with clinical signs and symptoms, and a flowchart for the diagnostic process.
- HIV: DIAGNOSIS:** A flowchart for HIV testing procedures and a table for HIV: ROUTINE C.
- HIV PRE-EXPOSURE PROPHYLAXIS (PrEP): ROUTINE CARE:** A table detailing the assessment and management of patients on PrEP.
- CONTRACEPTION:** A table for starting or changing contraception and a flowchart for emergency contraception.
- SKIN ULCER OR NON-HEALING WOUND: ROUTINE CARE:** A table for assessing and managing skin ulcers and wounds.
- SKIN LESIONS:** A table for identifying and managing various skin conditions.



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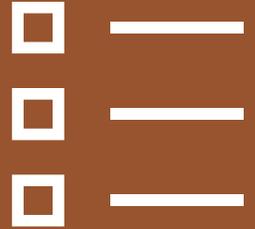
Course duration



2 hours



2 hours



3 activities

2 hours

Certification



Accredited with 7 clinical CEU's.

After completion of all case quizzes and the course evaluation your certificate will be available for download immediately.



Certification

It is important to have an **up-to-date APC certificate** going forward.

When APC is updated again, you will need to do the Update courses thereafter.



APC Implementation



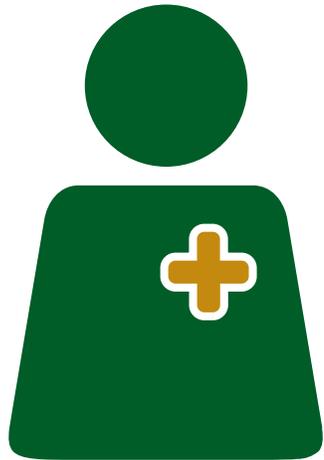
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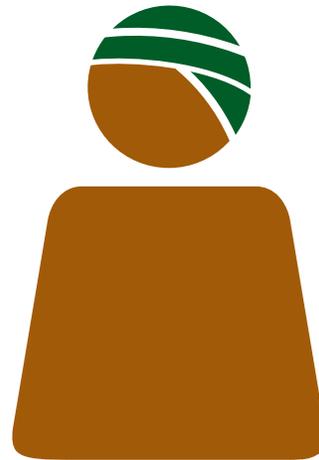
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APC Implementation



Health worker

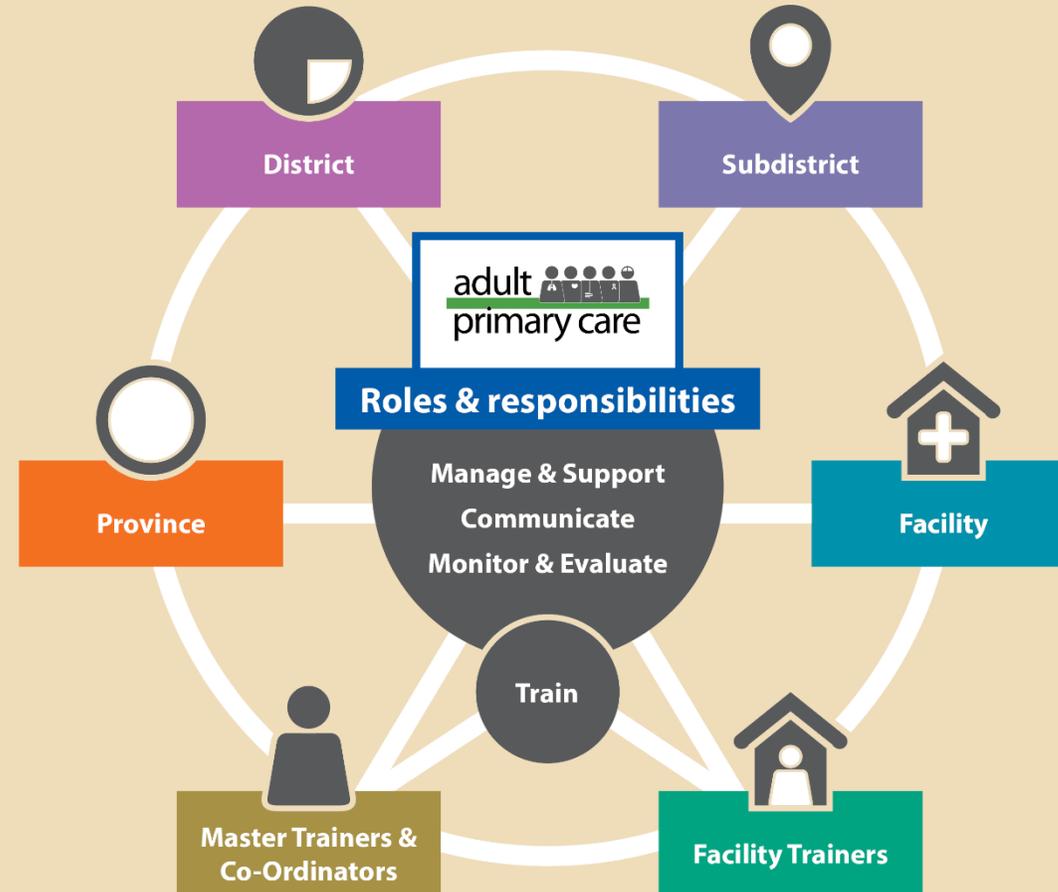


Patients



Facility

APC Implementation



How can I implement APC training in my facility?



- Orientate colleagues about how to enrol for APC courses on the Knowledge Hub
- Discuss and agree with your team:
 - How to protect time to do the APC courses online.
 - The use of cell phones for learning in the work environment
- **Discuss** strategies around creating awareness for the community on the use of cell phones for training by staff at work and protected time for training.

How can I implement APC training in my facility?

- Discuss challenges and solutions with your Facility manager
 - For example: finding time to do the course during work hours.
- Support each other to complete trainings
 - Create a messaging group
 - Sit together and work through the cases



Monitoring and evaluation of APC training

- Completion of the APC trainings need to be reported regularly to Facility Managers.
- Reporting on APC training improves your facility compliance with the **Ideal Clinic criteria**.



Monitoring and evaluation- training data collection

- Complete your **APC Individual Training Record** accurately as you progress through the online cases.
- Submit copies of your certificate and training record to your manager.
- Save your certificate of completion as proof of your professional development.

APC Individual Training Record

After completion of this training send this form to your Master Trainer/contact person at your district office and keep a copy for your records. *Please print clearly.*

Name & Surname _____

ID Number _____

Staff Number _____

Occupation/Qualification _____

Facility _____

District _____

Sub-district _____

Signature _____

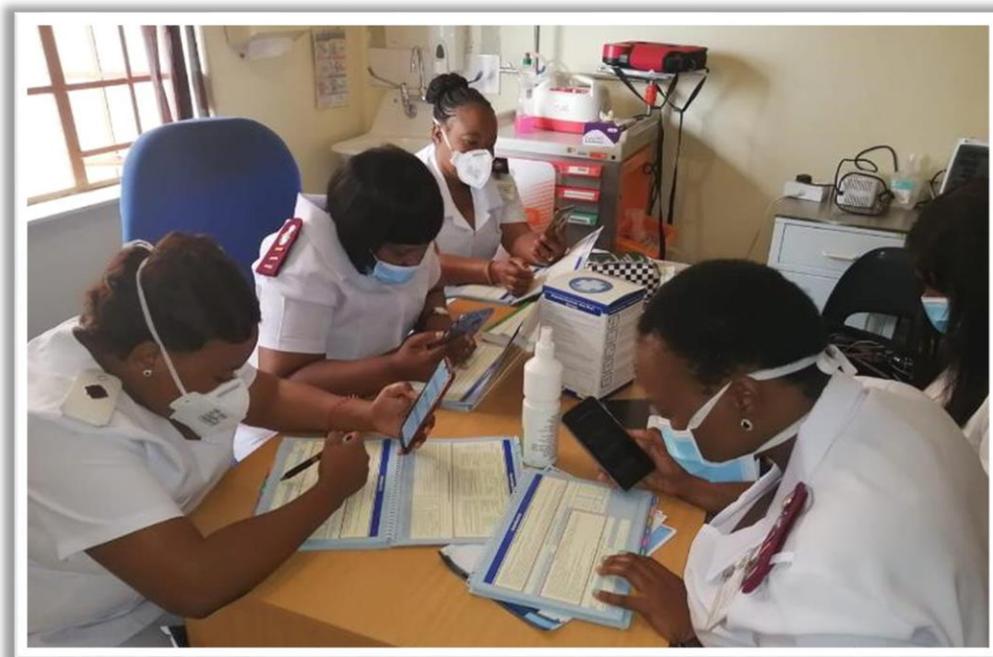
Circle the appropriate codes

Category	Facility Type	
MO Medical Officer	C	Clinic
P Pharmacist	H	Hospital
N Nurse	CHC	Community Health Centre
O Other	MOU	Midwives Obstetrics Unit
C Counsellor (any)	Race	
Gender	A	African
F Female	C	Coloured
M Male	I	Indian
	W	White

Session	Activity/Case	Date	Trainer Name & Surname	Trainer Signature
1	Faizel (Part A) Patricia			
2	Anna Godfrey			
3	Sophie (Part A) Herman			
4	Stanley Nonamiso			
5	Health System Activity			
6	Andreas Rethabile			
7	TB Activity Bongani			
8	Sr Bertina Nobantu			
9	Sophie (Part B)			
10	Melissa			
11	Sandle			
12	Jane Adelaide			
13	Sindi			
14	Thobeka			
15	Boeta			
16	Xolani			
17	Sigiso			
18	Caroline			
19	Mrs Dube Aunty Gertie			
20	Faizel (Part B) Update Activity (new)			

Monitoring and evaluation- training data collection

If you are attending in-service training as a group, complete an APC Training Register for that session.



Page . . . of . . .




APC Training Register

After completion of the APC training session send this form to _____
Keep a copy for your records. *Please print clearly.*

Trainer Name: _____ Trainer Contact Number: _____
 Date (YYYY/MM/DD): _____ District: _____
 Sub-district: _____
 Number of people in session: _____ Training Venue: _____

Race		Age	
<input type="checkbox"/> A	African	<input type="checkbox"/> O	18-24 years
<input type="checkbox"/> C	Coloured	<input type="checkbox"/> X	25-35 years
<input type="checkbox"/> I	Indian	<input type="checkbox"/> Y	36-44 years
<input type="checkbox"/> W	White	<input type="checkbox"/> Z	45-65 years

Tick the cases/activities that have been done TODAY.

Session 1		Session 2		Session 3		Session 4		Session 5	
Faizel (Part A)	Patricia	Anna	Godfrey	Sophie (Part A)	Herman	Stanley	Nondumiso	Health System activity	
Andreas	Rethabile	TB Activity	Bongani	Sister Bertina	Nobantu	Sophie (Part B)	Melissa	Sandile	Jane
Sindi	Thobeka	Boeta	Xolani	Sipho	Caroline	Mrs Dube	Auntie Gertie	Faizel (Part B)	Update activity (new)

Name and Surname	Staff number	Category	Contact Number	Sub District	Facility	Sex	Race				Age Code	Signature
							A	C	I	W		
1												
2												
3												
4												
5												
6												
7												
8												
9												
10												

Navigating the courses



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Discussion Forum

Our team will respond to your questions directly on the platform, related to:

- Technical queries
- Content and clinical queries
- Implementation queries

Support is available every step of the way!

Case Example

Q&A

Acknowledgements and Closure



UNIVERSITY OF CAPE TOWN
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THANK YOU



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